# Methyphen

# Methylphenidate Hydrochloride Tablet

#### Presentation

Each tablet contains Methylphenidate Hydrochloride USP 10 mg.

#### Indications

Methylphenidate is used in the treatment of attention deficit hyper activity disorder (ADHD) and narcolepsy.

# **Dosage and Administration**

CHILD: Over 6 years, initially 5 mg 1-2 times daily, increased if necessary at weekly intervals by 5-10 mg daily to max. 60 mg daily in divided doses; discontinue if no response after one month also suspend periodically to assess child's condition (usually finally discontinued during or after puberty); Child under 6 years not recommended.

ADULT: 10-15 mg daily in divided doses (2-3 times daily). Average dosage is 20-30 mg daily.

Some patients may require 40-60 mg daily. Patients who are unable to sleep if medication is taken late in the day should take the last dose before 6 pm.

#### Drug interactions

The elimination of phenytoin is slowed by methylphenidate. It may also increase the anticoagulant effect of Coumarin. It also increases the serum concentration of imipramine and desipramine.

#### Precautions

In mild hypertension (contraindicated if moderate or severe)-monitor blood pressure; history of epilepsy; tics and Tourette syndrome. Occasional cystic ovarian swellings in premenopausal women, occasional hypercalcemia if bony metastases; increased risk of thromboembolic events when used with cytotoxics; breast – feeding; endometrial changes; porphyria.

# Side effects

Sleep disturbances, restlessness, dizziness, headache, tremor, convulsion, rash, pruritis; urticaria, fever, arthralgia, alopecia, exfoliative, dermatitis, erythema multiforme, thrombocytopenic purpuria, thrombocytopenia, Leucopenia, urinary disorder and very rarely liver damage.

#### Contraindications

Methylphenidate is contraindicated in alcoholics, emotionally unstable patients, drug abusers, hypertension, cardiac arrhythmias, psychoses, epilepsy, thyro-toxicosis, glaucoma marked anxiety, severe depression and known sensitivity to methylphenidate.

# Use in Pregnancy and Lactation

The use of methylphenidate in pregnancy and lactation has not been established.

# Storage Condition

Store in a cool (below 25°C) and dry place, away from light. Keep out of reach of the children.

#### **Commercial pack**

Each box contains 3 blister packs of 10 tablets.

